

Coffee Talk Express



Tuesday July 26, 2022

The Lion Inn
 250-788-9990 & Suites
 Weekly & monthly rates available
 thelionsuite.com 5132 46th Ave

Buying or Selling?



Jodie Ethier
 Personal Real Estate Corporation
 250 788 5043



RE/MAX Dawson Creek Realty

Looking for just the right job?
 Wanting to try new things?
 Weekends Off? 9-5?
 Competitive Wages?
 Family Oriented Company?

The Pencil Box
 is currently looking to Hire
 Full/Part Time Customer Service Rep/
 Computer Graphics Assistant
 Apply in Person to Jenn

Provincial Government offering more protection for Home Buyers

A new homebuyer protection period will protect people in B.C. looking to buy a home from being pressured into high-risk sales. The period is the first of its kind in Canada and marks the first key action the Province is taking based on the B.C. Financial Services Authority's (BCFSA) report on ways to offer homebuyers better consumer protection in the real estate market. The mandatory three-day period will give homebuyers an opportunity to take important steps, such as securing financing or arranging home inspections, as they prepare to make one of their biggest financial decisions.

"Too many people have been faced with giving up an inspection in order to buy a home," said Selina Robinson, Minister of Finance. "This is a

major step toward providing homebuyers with the peace of mind they deserve while protecting the interests of people selling their homes – for today's market and in the future." The homebuyer protection period will come into effect on Jan. 1, 2023. It includes a rescission (cancellation) fee of 0.25% of the purchase price, or \$250 for every \$100,000, for those who choose to back out of a deal. For example, if the purchaser exercises the right of rescission on a \$1-million home, they would be required to pay \$2,500 to the seller.

Buyers still may make offers conditional on home inspections or financing at any time. The protection period will offer homebuyers the opportunity for due diligence at times when conditions are not in place.

"Buying and selling a home are the most significant financial transactions in most people's lives. The parameters to implement a homebuyer protection period, as well as other potential consumer protection enhancements, set forth in BCFSA's advice to the government, are designed to give British Columbians appropriate time to exercise due diligence. Our advice is based on consultations with over 140 stakeholders, including industry experts and public-interest organizations. We want to promote confidence in real estate transactions and our advice is aligned with that outcome."



Chetwynd
Dental Clinic
FREE WHITENING
 VALUED AT \$440
 with a complete exam and cleaning
 5032 49th Avenue - Chetwynd BC
 250-788-1997
 chetwyndadental@gmail.com

ROYAL LEPAGE
 ASPIRE REALTY

**Thinking of buying or selling?
 Call Our Office Today!
 250-788-9225**




ANTHONY BOOS 250-719-5454 Personal Real Estate Corporation	KAREN BOOS 250-788-6598 Personal Real Estate Corporation	JULIA NELSON 250-788-6707 Realtor®
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advertising@coffeetalkexpress.com classifieds@coffeetalkexpress.com PH: 250.788.3422
 SERVING CHETWYND AND AREA - CHECK OUT OUR WEBSITE COFFEETALKEXPRESS.COM FAX: 250.788.3405

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first-served basis. To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

PROPERTY

Moving & Must sell 3 Bedroom Trailer w/addition. #13 Aspen Place. Asking \$20,000 or OBO Call 250-788-5012

3 Bedroom, 1 1/2 bath. Located in Pinewood Trailer Park, Currently rented and is a good investment property. Call 250-401-1985 for more information

5 Bedroom, 2 bath bi-level home in downtown Chetwynd. Currently rented and generates a good revenue. Call 250-401-1985 for more information

Mobile Home in Pinewood Trailer Park, has addition and storage shed, new roof, newer windows, new siding. No Dogs Allowed in the park. Must be approved by park management. Asking \$30,000. Call 250-401-1204 to view

2 bedroom 1 bath 14x70 mobile with addition for sale in pinewood trailer park, shed for storage out back. Not for rent, for sale to a new owner. For info call Rob 250-401-1204



WANTED

Looking for a place for myself and my two pets. 1-2 hours from Chetwynd or closer. Fenced yarad 5' high, until the end of December to rent month to month Call 780-518-5665

Looking for a live in care giver to prepare meals, clean and take dad to appointments. Drivers Licence is a must. Knowledge of Diabetes is an asset. Call Don 250-788-5100 or Rhonda 250-788-5710

Looking to buy 3 folding tables and 20 chairs. Call 250-788-5828

Women seeking line-in position as child care giver for small children and help with organic gardening between Williams lake and Prince George. Available starting Mid July Call 1-807-934-6238

Wanted vacant land around Chetwynd on around 5 acres please call 250-401-3070





An average of 100 people choke to death on ballpoint pens every year

HUNTING/SPORT GOODS

Woodstream container with 42 Flvs, 1 Fish lure, 1 small silver spinner, 1 green/orange flat hook, 2.5" long, 1 Lake Trout, 1 Snapper zapper. Call 250-788-2482

C.I.I 12 gauge double bbl shot gun, 2/3 Churchill model full modified for upland game not ducks. \$1200 Text me 1-780-777-3580

Chetwynd Weather Forecast

Tuesday July 26	Wednesday July 27	Thursday July 28	Friday July 29
			
28 C	30 C	26 C	26 C



Tim Hortons

Breezy Beans Ltd. o/a Tim Hortons is currently looking for **Food Counter Attendants**, at our Chetwynd BC location, 4809 51 St Ave
Terms of Employment: Permanent, Full-Time, Weekend, Morning, Day, Evening & Night Shift.

ASAP start Date

Salary is \$17.00/hour + Benefits + Shift Premiums
No Experience Required.

No degree, certificate or diploma Necessary
Please contact for job Description

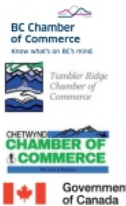
Apply In Person at above location or by email to chetwyndtims@hotmail.ca or, by phone 250-788-8857



Why shop local?

Locally-Made Products—Local business owners often sell local products, which helps preserve the community's distinction and creates more jobs locally!

#ThinkShopBuyLocal
#SupportChetwynd



BeeLyne Executive Services Ltd.

MONDAY TO THURSDAY

9AM TO 4PM

CLOSED FOR LUNCH

12-1PM

5208 N Access Rd, Chetwynd, BC 250.788.3638

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first-served basis. To submit your personal classified ad

Email: classifieds@coffeetalkexpress.com

PETS/LIVESTOCK

Jack Russell puppy ready to go, first shots and vaccine. Asking \$1250 250-401-3070

3 Male kittens ready to go mid June . 2 orange and 1 grey and white. Call 250-874-7182

Female purebred American Akita, free to the right home. Great with kids and good at guarding your acreage.
Call or text 250-401-7091

Several mollie fish to find a new home in your aquarium. Great community fish and easy care. Please call for details 250-129-9202

Mother Cat & 5 kittens to be given away.
250-788-3555

2 outdoor kittens ready to go May 30th.
Call or Text 1-306-834-8608

Purebred American Akita puppies. \$1290 Call or Text 250-401-7947

Frenchton X Pug Female puppy. Chocolate brindle & White. Beautiful temperament. C/W vet check, 1st vaccine, 2X deworming, puppy pack. Ready May 14 \$1500 Text 250-261-5831

Rats multiply so quickly that in 18 months, two rats could have over a million descendants.



and Pine Inn Wanted

- Servers/Bartenders
- Hostess
- Dishwasher
- Cooks
- Prep Cooks
- Housekeepers
- Front Desk (part time)

Please bring resume to Hotel and ask for Jim or Carmen

REC VEHICLES

1986 Suzuki Samurai LWB \$3500,
Call 250-601-0033

1999 Harley Davidson Road King, Pre Electric
115520KM Call 250-788-2754 after 6pm

1997 5th Wheel, 27' Corsair Excella. Exc Cndtn,
Tub & Shower, 10' slide, Winter Package, queen
bed & Hide -a-Bed, Air conditioner & Microwave.
Asking \$12000 Call (780) 897-1033

2007 5th Wheel Jayco Recon Toy Hauler 36',
5000W Gen, 2 Slide outs, Excellent Condition,
\$45,000 Call 250-788-5757

1980 GMC 350 Motorhome, runs good,
90,000km, new battery, Call 250-788-3316

1992 Ford Triple E motorhome. Runs great, air ride
works, tires are good, new battery last summer.
71,000 kms. Needs new fridge and awing. \$4500
OBO Call 250-401-8147 or 250-401-8317

1979 GMC Vandura motorhome, 350 American
blue 4 bolt main engine 78,000 Original km, new
battery, new alternator, good tires, 16.5 cb, dual
trucker antenna, three burner stove, oven, toilet,
etc, lots of cupboard space. No rust very good
condition. \$5000
please text 1-780-777-3580

2012 Arctic cat 1000 side by side want to trade for
something of equal value up to \$10,000.
Call Dan 250-788-1110

9.5 foot Citation truck camper, very good
condition, everything works, tall bathroom,
electric jacks will fit on dually truck. \$20,000
call 250-788-5099

**It is physically impossible
for you to lick your elbow.**

Home Hardware is currently looking to hire a Cashier

Full & Part Time

Cashier responsibilities include

- Receiving payments
- Issuing receipts
- Keeping track of all cash and credit transactions
- Maintain clean and tidy checkout areas
- customer service
- answering phones

Email resume to
wayde.detta@homehardware.ca

VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIPMENT

Parts car for Sale 2003 Pontiac Montana Best
Offers. call 250-788-5328

Summer Wheels/Tires P215/70R15.
Call 250-788-5328

John Deere 535 Round Bailer, includes parts bailer,
\$8500. Call 250-788-5166

2015 Trail Tech Trailer. 13 foot - 6 inches vnose
deck over sled quad trailer aluminum wheels.
Excellent tires/spare included. Very good
condition. Factory linex trailer.
Asking \$3500.00. OBO Call 250-788-7931

4 P275 Foward / 55R 20 owl all terrian good year
Kavlar tires, 95% Tread. Asking \$600.00. OBO.
Call 250-788-7931

4 P195 Foward / 55 foward 16 Sumpomo studded
winter ice tires mounted on Kia cast aluminum
factory wheels. Will also fit a Honda. 95% Tread.
asking \$800.00. OBO.
Call 250-788-7931

Free Truck cover to fit Toyota long box or similar.
Located in Chetwynd Call 250-788-2482

4 Bridgestone Summer Tires, 70% Tread, 255 55
20" Asking \$100 each. Call 250-401-1055

4 new Dunlop tires P275 55R 20M+S \$600.00
call 250-788-64183 new Longmarch 16ply 1124.5
truck tires Lm528. \$250.00 each. Various
aluminum wheels available. \$50.00 each. 100 gal,
steel fuel tank with electric pump and arctic hose.
\$600.00 call 250-788-5948.

**Poaching a Sasquatch in
British Columbia is illegal**

Home Hardware is currently looking to hire a Cashier

Part time Saturday

Cashier responsibilities include

- Receiving payments
- Issuing receipts
- Keeping track of all cash and credit transactions
- Maintain clean and tidy checkout areas
- customer service
- answering phones

Email resume to
wayde.detta@homehardware.ca

Free Classifieds

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Email: classifieds@coffeetalkexpress.com

FOR RENT

Secure Shop Space to rent downtown Chetwynd.
26x22 \$700p/month Call 250-601-0033

Room for rent. \$500.00 per month.
Call 250-788-2482 after noon

2 Bedroom trailer for rent to long term tenants pending park approval to rent in park. \$1250/month. No pets, no smokers, no partying. Available anytime once park approves application to rent. Is for sale as well \$30,000.00 Please text for more info 250-401-1204

Room for rent, private room at end of house. No noise. \$52.5 per week includes meals.
Call 250-219-6514 Email regmiller@hotmail.com

38 Foot travel trailer for rent on a quiet lot. \$ 250.00 per week. Please email roca33@live.com for more information. Call 250-788-2501

Room to rent TV, Queen size bed, WIFI, private bathroom, laundry, fridge, microwave oven, parking. Very quiet & clean. Call 250-788-3577

3 bdrm/1 1/2 bath, 650 sqft Garage, free WIFI, Utilities (propane/power) not included \$1200/month. Available May 1st.
Call 250-788-2522

Upstairs of House for rent. Call 250-401-1982

2 Bedroom Mobile Home located in Pinewood trailer Park, fully furnished, utilities, washer/dryer included. No Pets. No Smoking. \$1500. Approval of trailer park management required. Available July 1st
Call 250-401-7679

2 Bedroom Mobile Home located in Pinewood trailer Park, fully furnished, utilities, TV, washer/dryer included. No Pets. No Smoking. \$1600. Approval of trailer park management required. Available July 1st Call 250-401-7679



TIRECRAFT®

Chetwynd

Hiring a TIRE TECHNICIAN

NO experience is necessary, willing to train the right candidate

Full Benefits following probation period

Apply in Person at the TIRECRAFT shop

A cement mixer and a prison bus crashed on the highway. Police advise citizens to look out for a group of hardened criminals

Why were they called the Dark Ages? Because there were lots of knights



School District No. 59 (Peace River South)

is accepting tenders for the following services:

- Potable water hauling services to rural schools in Dawson Creek and surrounding area
- Propane hauling services to rural schools in Dawson Creek and surrounding area
- Snow clearing and ice control services to schools in Tumbler Ridge

Documents with details of services required are available from the Facilities Department Office at 11600-7th Street, Dawson Creek. For further details, contact Wade Simlik at 782-2417.

Tenders will be received until 1:00 p.m. on August 15th, 2022.

The School District shall not be obligated to accept the lowest quoted proposal and may reject any or all proposals.

Tenders must be clearly marked and addressed to:
Wade Simlik, Operations Manager
School District No. 59 (Peace River South)
11600-7th Street, Dawson Creek, BC V1G 4R8

MISCELLANEOUS

High quality firewood for sale, prices go up towards winter. For more info text 250-329-6699

High Definition Steel Entry Door, V half lite. Low E/Argon Glass 36" x80"
Jamb 4-9/16 frame handing RHIS Right Brick mold lites 22x36, lite vent w/screen 250-788-6424

Ladder for back of camper Call 250-788-2482 after noon

Maytag smooth top double oven electric stove. 5 years old, self cleaning, programmable, very good condition. \$950.00 or OBO
Call or Text 250-401-1147

For sale King size bed frame \$60, air compressor \$60, fish net \$50, truck tool box \$100, snow board and bindings \$500, weight rack \$60, brand new nail gun in box \$150, computer screen \$50, spotting scope \$60, golf cart bag and a few clubs \$60 Call 250-788-6302

For sale Princess Diana Plates (Box) Collection
Call 250-788-5799 or 250-788-3099

Etrese Germin with manual \$75.00 250-788-2482

For sale Fridge, Stove, Washer, Dryer & Ironing Board. Call 250-788-5889

60 Gallon Air Compressor, Mastercraft Table Saw/stand, SKIL Router/table, Buffer, Sears Craftsman table saw, 8" Bench Grinder, Mastercraft (plung) Router, Child's Desk/shelf, Tall(brown) dresser, Tall white China Cabinet, Baby Crib/Mattress.
Call 250-788-5799 or 250-788-3099

According to tests made at the Institute for the Study of Animal Problems in Washington, D.C., dogs and cats, like people, are either right-handed or left-handed that is, they favor either their right or left paws

SERVICING CHETWYND • TUMBLER RIDGE • DAWSON CREEK



Licensed and Insured
OAKENPRIDE VENTURES LTD
250-788-5351



Employment Opportunity

4EG is a Saulteau First Nation owned Construction, Reclamation, and Clearing Company for the energy, mining, utilities, and forestry sectors. Our key ingredient is the people behind the company and our excellence is solidly anchored in experienced personnel, quality equipment and sound HSE and Project Management Process

4EG is currently seeking a **Lube & Service Technician**

Summary:

If you are a Lube & Service Technician who takes pride in the maintenance of heavy equipment to ensure safe and efficient operation, this position is for you!

Responsibilities:

- ◆ Safely fuel and service heavy equipment as required and directed
- ◆ Complete equipment inspections, report repairs required, and assist in scheduling repairs
- ◆ Operate fuel/service truck safely and efficiently
- ◆ Assist in maintaining inventory of service kits, lubes, oils, and other supplies
- ◆ Coordinate equipment service activities with production and maintenance team members
- ◆ Support mechanics with repairs
- ◆ Communicate effectively and professionally with other team members
- ◆ Be a leader of both safety and production for the team by ensuring compliance with all company, client, and legislated safety policies and procedures

Qualifications

- ◆ Previous experience as a lube and service technician for heavy duty equipment required
- ◆ Knowledge of parts and servicing required
- ◆ OFA Level 1
- ◆ Construction Safety
- ◆ Valid Class 3 with Air Brakes
- ◆ Clean Driver's Abstract
- ◆ Pre-Access D&A Test

4 Evergreen offers **Competitive Wages, Benefit Packages**, and the opportunity to grow and further your experiences

Please Email Your Resume to dauger@4eg.ca



Position Available:
4TH CLASS POWER ENGINEER
 Closing date: April 30th, 2022
Location: Hasler Flats, Chetwynd BC

Our company is seeking a 4th Class Power Engineer to join our plant operations team.

Shift work 12 hours, days/nights

Responsibilities

- Ensure equipment is used safely, effectively and efficiently to maximize production and product quality. Particular attention paid to time management, quality of work, and housekeeping.
- Ability to understand and operate equipment and all aspects of the plant operation
- Must be able to follow company policies, procedures and competency based training programs.
- Timely and accurate completion of all paperwork generated by their daily duties.

Qualifications

- 4th Class Power Engineering Trade Certification
- Heavy Equipment operation experience is an asset
- Strong interpersonal and communication skills
- Safety tickets: H2s Alive, First Aid, WHMIS is considered an asset
- Railcar handling experience is an asset

If you are interested in this rewarding career and meet the above criteria please submit your cover letter and resume to:
Rfowler@enersul.com or fax: 250-788-3877

We thank all applicants but only those selected for an interview will be contacted.

PINE VALLEY SENIORS HALL

Cribbage
 Saturday's @ 1pm

Whist/65
 Saturday's @ 7pm

If you would like to see any other games or events at the Hall, please call
 Virgil 250-788-2595
 Loretta 250-788-6914

HALL RENTALS

Call Loretta at
250-788-6914

One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked; "Young man, what are you doing?"

The boy replied, "throwing starfish back into the ocean. the surf is up and the tide is going out and if I don't throw them back, they will die."

The man laughed to himself and said. "Do you realize there are miles and miles of beach and hudreds of starfish?" "You can't make any difference." After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said;

"I made a difference to that one."

Sudoku puzzle 839

4						6		1
		6		3				
9								7
				5	3		7	8
3			1		9			
		9			2			
					1	2		
							9	6
	8		5			4		

Crossword puzzle 837

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18			19						20			
		21				22						
23	24	25				26				27	28	29
30					31				32			
33				34					35			
		36	37				38					
39	40					41				42	43	44
45					46					47		
48					49					50		
51					52					53		

ACROSS

1. Possesses
4. Be overly fond
8. Lines
12. European peak
13. Bad
14. Opera feature
15. Part of IOU
16. Hollering
18. Domestic
20. Documents
21. For what ____ worth
22. Threadbare
23. Shelley Long role
26. Botch
27. Index
30. Cropland measure
31. Income
32. Small plateau
33. Adios!
34. House site
35. Soapy
36. Be next to
38. Pet's doc
39. Broad tie
41. Stillness
45. Narrow escape: 2 wds.
47. Long in the tooth
48. Commotion: hyph.
49. Look amorously
50. Boxer or dachshund
51. Derive
52. Beloved one
53. Pig's digs

DOWN

1. Feeds, as horses
2. Burn reliever
3. Cowboy's prod
4. Argue
5. Baking chambers
6. Tip slightly
7. Pipe shape
8. More inexperienced
9. Familiarized
10. Strong breeze
11. Slumps
17. Aroma
19. Climbing plant
22. Twisted, as a grin
23. Wipe gently
24. Cold
25. Phone numbers: 2 wds.
26. Gobble
28. Mule's kin
29. Howl like a hound
31. Cooking utensil
32. Muffle
34. Guitarlike instrument
35. Merchant
37. Chest
38. Country estate
39. Drama divisions
40. Bank opening
41. Stuffing herb
42. Dozes
43. Curdle
44. Irritable
46. East Coast cape



Employment Opportunity

4EG is a Saulteau First Nation owned Construction, Reclamation, and Clearing Company for the energy, mining, utilities, and forestry sectors. Our key ingredient is the people behind the company and our excellence is solidly anchored in experienced personnel, quality equipment and sound HSE and Project Management Process

4EG is currently seeking a Construction Safety Officer

Summary:

We are looking for an enthusiastic Construction Safety Officer who takes pride in facilitating a safe and welcoming workplace through the implementation and administration of all safety programs, policies, and procedures.

Responsibilities:

- Report directly to the Health and Safety manager and work closely with the Supervisors in the field
- Provide positive leadership, motivation, and mentorship on safety programs to all team members
- Act as a liaison between the Office, Shop, Supervisors, Field Staff, Medics, Monitors, and Health and Safety Manager
- Develop, implement, and enforce HSSE programs, policies, and procedures in the office & in the field
- Perform regular safety program audits and complete updates to ensure alignment with project scopes and conditions and overall program compliance
- Collaborate with supervisors and managers to monitor compliance, identify safety issues, and advise on provisions to minimize safety risks
- Liaise with and report to official regulatory bodies on OHS matters as required
- Track and keep records of all safety-related stats, data, information, and incidents
- Conduct orientation for new employees, contractors, and visitors
- Participate in conduct Daily Toolbox Meetings and Weekly Safety Meetings
- Conduct site inspections and audits; and intervene in and report any unsafe acts and conditions
- Perform incident investigations and assist with all required forms, including WCB

Qualifications

- Must have a National Construction Safety Officer (NCSO) certificate
- Valid Safety certificates OFA (Level 1 Minimum), WHMIS 2015, TDG, H2S Alive, Ground Disturbance Level 2, Oilfield Driver Awareness, Construction Safety Training Systems, Pipeline Construction Safety Training, and S-100 (Fire Suppression)
- Possess a current, valid Class 5 Driver's License and clean Driver's Abstract
- In depth knowledge of BC Occupational Health & Safety Regulations
- Experience in development, implementation, and enforcement of Health, Safety, and Environmental (HSE) policies and procedures
- Proficient in MS Office
- Be diligent, detail oriented and be of an analytical mindset
- Have excellent oral and written communication and advisory skills
- Ability to maintain corporate records and ensure confidentiality
- Ability to solve problems, make-effective decisions, resolve conflicts and manage time effectively
- Pass pre-employment drug and alcohol (D&A) testing
- May be required to travel to/from projects and stay in camp

4 Evergreen offers **Competitive Wages, Benefit Packages**, and the opportunity to grow and further your experiences

Please Email Your Resume to dauger@4eg.ca

I couldn't figure out why the baseball kept getting bigger. Then it hit me



4 Evergreen Resources is a First nations owned Company active in Oil & Gas, Reclamation, Mining, and Forestry sectors. We are currently seeking motivated experienced operators to join our team for this seasons' upcoming projects. Training opportunities may also be available

Currently positions available:

- Buncher Operator
- Processor Operator
- Dozer Operator
- Excavator Operator
- Log Loader
- Grader Operator
- Skidder Operator



Qualifications

- OFA Level 1
- Class 1 (Log Truck)
- Clean Driver's Abstract
- Pre-employment D&A Test Required

4 Evergreen offers **Competitive Wages, Benefit Packages**, Local and Camp Positions available

Please Email Your Resume to dauger@4eg.ca

Chetwynd District Minor Hockey Association



**ONLINE REGISTRATION IS
NOW OPEN!**

We have a **NEW REGISTRATION** program.
Follow the link

ChetwyndandDistrictMHA.rampregistrations.com

Early Registration from July 4-July 31 Receive \$100 off Registration Fees	U7 - \$500	LATE REGISTRATION after September 1 add \$100 to Regular Fees and must be approved by the CDMHA board
	U9 - \$510	
Regular Registration from August 1 to August 31 Pay regular registration fees	U11 - \$520	
	U13 - \$530	
	U15 - \$540	
	U18 - \$550	
Contact Trisha 250-788-6225 with any questions		

As you age, it's more difficult for your body to regulate heat, which can result in health complications. Here are some tips to help you survive the hot summer days ahead.

Keep your space cool If you don't have an air conditioner, use fans to circulate the air in your home. Close curtains and windows during the day to block out the hot sun and open them on cooler nights to lower the temperature inside.

Hydrate regularly Seniors are less likely to feel thirsty than younger people. Therefore, it's important to prevent dehydration by drinking frequently, even before you feel thirsty. Drink cool water, eat juicy fruits and vegetables and avoid drinks that can dehydrate you, like alcohol and coffee.

Refresh yourself Try to keep your body at a healthy temperature. You can do this by taking refreshing showers or baths, swimming or covering your skin with wet towels.

Limit your activities Avoid strenuous activities that raise your body temperature and create discomfort. On hot days, do outdoor activities in the shade and wear appropriate clothing and accessories like a hat and sunglasses.

Heat stress shouldn't be taken lightly. If you or a loved one are affected by it, contact a health professional immediately.

Gear-O-Rama

is looking to hire an energetic
Parts Technician

to work at our fast-paced business. Offering full-time employment with benefits, 5 days a week, wages negotiable, experience an asset. Applicants must be motivated, reliable, eager to learn and able to stay on task.

Positive work environment in a growing family business

If interested or have questions please contact Jason at (250)255-2255 or by email: jmounsey@napacanada.com



AGM



at the Royal

**Canadian Legion Hall August
17th @5pm**

**Voting members
MUST BE IN GOOD
STANDING**

**Come into Tansi if you have
any concerns regarding your
membership**

NOW HIRING

FULL TIME/PART TIME

*Bartenders
and Servers*

**Must have Serving it Right Ticket*

Apply in person with resume to
4613 - 47th Ave Chetwynd, BC
No Phone Calls

**Link's
PUB & GRILL**

**Howto avoid
Heat
Stress**



IGA IS HIRING



Meat Cutter Trainee

No Experience Necessary,
but is an asset

Must be reliable and not
afraid of running machinery

*Must be able to work assorted shifts, be reliable,
have great customer service, and work in a
fast-paced environment.*

**Please drop off resume or pick up an
application at the office**

KPA Oilfield Services Ltd

4325 HWY 29 North Chetwynd, BC

Serving the Peace Country Region

Services including but not limited to

- Potable Water Services
- Gravel Trucks
- Gravel Sales
- Vac and Tank Truck Services



For Pricing & Scheduling Call

250-788-6933

Box 1295, Chetwynd BC V0C 1J0

Please email resumes to
hr@kpaoilfieldservices.ca



4EG is a Saulteau First Nation owned Construction, Reclamation, and Clearing Company for the energy, mining, utilities, and forestry sectors. Our key ingredient is the people behind the company and our excellence is solidly anchored in experienced personal, quality equipment, and sound HSE and Project Management Processes

4EG is currently seeking a Class 1 Truck Drivers

Summary:

If you are a Class 1 Truck Driver looking for a position Log Hauling, Coal Hauling, and Low Bedding, this position is for you!

Qualifications

- Class 1 Drivers License with Air brakes
- Clean Drivers Abstract
- OFA Level 1
- WHMIS
- Pre-Access D&A Test
- Service road driving experience

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answer to 831 ran July 22

R	O	M	P	D	I	S	C	T	H	Y
O	V	E	R	A	R	E	A	Y	E	A
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answer to 838 ran July 22

6	5	1	4	7	9	3	8	2	
2	7	3	6	8	1	4	5	9	
8	4	9	5	2	3	1	6	7	
7	2	4	1	3	5	8	9	6	
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5	3	2	8	9	6	7	1	4	
9	1	7	2	5	4	6	3	8	

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Tips for choosing the right golf bag

Golf bags come in a wide range of models, just like golf clubs. Weight, handling and storage compartments are the main criteria to consider when shopping for a bag. But above all, your choice depends on what type of golfer you are.



If you play most of your games on foot, you have two possible choices. For golfers who prefer to carry their equipment on their backs, a bag with or without a tripod stand has the advantage of being lightweight and compact. However, the number of compartments is limited, and you should always check the sturdiness of the handles and straps.

Players who don't want to carry their equipment should opt for cart bags. Made of leather or canvas, they're bigger and offer more storage space. They're designed to be placed on a trolley or a cart. Many models have inner compartments that extend to the bottom of the bag, which prevents clubs from banging together. Some models also have special compartments for the putter and driver.

The number of storage compartments is an important consideration when choosing a golf bag. Make sure there's enough space to store balls, accessories, water bottle, rain gear, keys, phone and umbrella. A rain cover is usually included. If in doubt, just ask a specialist at the golf

course or sports equipment store for advice on choosing a model that will suit your needs.

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